

THE MOST  
IMPORTANT  
KEYPOINTS YOU  
SHOULD KNOW  
ABOUT  
SILBERQUARZIT®  
EXPERIENCE





2023

# FOR WHOM IT IS SUITABLE

FOR ANYONE WHO WANTS TO EXPERIENCE  
THE MOUNTAINS AND ALL THEIR ELEMENTS  
IN A PROFOUND WAY

PERFECT AFTER A HIKE

FOR ANYONE EXPERIENCING ANY KIND OF  
PHYSICAL OR MENTAL STRESS

FOR THOSE WHO ARE TIRED AND NEED MORE  
ENERGY

FOR THOSE WHO ENJOY PRACTICES SUCH AS  
YOGA AND MEDITATION





# UNIQUE KEYPOINTS

TREATMENT/RITUAL/PRODUCT BASED ON SILVER QUARTZITE, A UNIQUE PREHISTORIC STONE (IT EXISTS ONLY IN SOUTH TYROL), RICH IN PRECIOUS MINERALS, WITH RECOGNISED HEALING PROPERTIES

USE OF WILD PLANTS HARVESTED BY HAND HIGH UP IN THE MOUNTAINS IN SOUTH TYROL (JUNIPER, LARCH, STONE PINE), AS IF BEING IN THE FOREST EVEN DURING THE TREATMENT

RECOVERY OF TRADITION:  
TREATMENT/RITUAL/PRODUCED EXCLUSIVELY WITH LOCAL PRODUCTS, BASED ON ANCIENT SOUTH TYROLEAN HEALING TRADITIONS BUT WITH PROPERTIES ALSO RECOGNISED BY MODERN SCIENCE





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# TREATMENT - RITUAL STEPS

SPECIALLY CREATED BINAURAL MUSIC

FUMIGATION (DEEP RELAXATION AND  
MEDITATION)

MANUAL MASSAGE WITH AROMATHERAPY  
OILS USING THE SPECIAL "SLOW MOTION"  
TECHNIQUE

MASSAGE WITH WARM DARK QUARTZ STONES  
AND SILVER QUARTZITE POWDER ON THE  
ENERGY MERIDIANS/CHAKRAS

CONCLUSION WITH PURIFYING ALPINE  
HERBAL TEA





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# HOW ONE FEELS AFTERWARDS

DEEPLY RELAXED, BOTH PHYSICALLY AND  
MENTALLY

FREE OF PHYSICAL AND EMOTIONAL TENSION

BODY LOOSER

SKIN AND TISSUE FREE OF TOXINS

MIND CALMER AND CLEARER

MORE ENERGY





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# BENEFITS

ANTI-STRESS FOR BODY, MIND AND SPIRIT

ANTI-INFLAMMATORY ON PAINS AND  
CONTRACTURES - ALSO CHRONIC

MORE ENERGY AND VITALITY

IMPROVED SLEEP QUALITY

IMPROVED BREATHING

GREATER SERENITY AND BALANCE

DEEP MEDITATIVE EXPERIENCE

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# THE EFFECTS

PHYSICALLY:  
YOUR RESILIENCE INCREASES & STRESS IS REDUCED


MENTALLY:  
A LOT OF CREATIVITY AND NEW VISIONS CAN EMERGE -  
YOUR INNER CRITIC WILL BE SILENCED

EMOTIONALLY:  
NEGATIVE EMOTIONS HEAL THEMSELVES - YOU FEEL  
STRENGTHENED

SPIRITUAL:  
YOU EXPERIENCE A NOT EVERYDAY INCREASED  
STATE IN YOUR CONSCIOUSNESS







I GOT INTO A  
"FLOW" STATE, AND  
STOPPED THINKING.  
I FELT SO MUCH  
POWER AND  
FREEDOM WITHIN  
ME - AS IF I COULD  
ACHIEVE ANYTHING  
I WANT."

"I FOUND AN INNER  
CALM AND DEEP  
RELAXATION WITHIN  
ME THAT I HAVE  
NEVER EXPERIENCED  
THAT BEFORE."

"FOR ME IT WAS  
HEALING ON  
ANOTHER LEVEL."

"IT WAS LIFE-  
CHANGING FOR ME. I  
HAVE ALREADY  
EXPERIENCED SO  
MANY FORMS OF  
MEDITATION.  
BUT NOTHING WAS  
COMPARABLE TO MY  
EXPERIENCE WITH THE  
SILVER QUARTZITE  
RITUAL."

HOW IT FEELS





FOUNDED BY KORNELIA  
SCHWITZER IN 2011...

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... SILVERQUARTZITE EXPERIENCE

IN ONLY 5 SELECTED HOTELPARTNER IN THE ALPS



# OUR VALUES

- . BRING MEANING INTO YOUR LIFE
- . LOVE THE MOUNTAINS AND FORESTS
- . FEEL THE ELEMENTAL FORCE OF THE ALPS
- . HONOUR THE TRADITION
- . BRING YOURSELF INTO A HIGHER CONSCIOUSNESS
- . ALWAYS CONNECT WITH YOUR INNER LIGHT
- . TAKE RESPONSIBILITY FOR YOURSELF
- . ACTIVATE YOUR SELF-HEALING POWERS



# VOICE OF A PARTNER

"THIS IS AN EXCLUSIVE TREATMENT THAT CAN BE FOUND HERE AND IN ONLY 4 OTHER PARTNERS WORLDWIDE, IN WHICH YOU ARE MASSAGED WITH PRODUCTS MADE FROM LOCAL WILD ALPINE HERBS AND WITH SILVER QUARTZITE STONES AND POWDER, WHICH IS VERY RICH IN MINERALS THAT RELEASE THE EFFECTS OF THE STRESSES OF EVERYDAY LIFE AND WHICH ARE THE CAUSE OF PAIN AND INFLAMMATION, PHYSICAL AND MENTAL FATIGUE. AFTER THIS TREATMENT YOU WILL FEEL AS GOOD AS NEW!

REASONS WHY WE CARE SO MUCH AND WHY WE ARE PROUD TO HAVE SILBERQUARZIT: WE CAN REALLY OFFER SOMETHING VERY SPECIAL, UNIQUE IN THE WORLD, FROM OUR OWN TRADITION, SUITABLE FOR EVERYONE BECAUSE EVERYONE NOWADAYS IS SUBJECT TO ANY FORM OF STRESS AND WHICH GIVES GREAT BENEFITS EVEN WITH A SINGLE TREATMENT.

EVERYONE WHO HAS TRIED IT HAS HAD A UNIQUE EXPERIENCE, AND WE HAVE GUESTS WHO ARE IN LOVE WITH THESE TREATMENTS AND RETURN JUST FOR THIS.

WITH SILBERQUARZIT YOU CAN ALSO EXPERIENCE THE MOUNTAINS INSIDE THE HOTEL, AND IT IS PERFECTLY IN LINE WITH OUR PHILOSOPHY OF TENSION AND RELAXATION AND DECELERATION FROM THE PACE OF MODERN LIFE."





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# SOME OF BRANDS AND PEOPLE WORKED WITH

